



# February 2019

## Wenhaston Warbler



### **New Year's Day walk in Wenhaston**

We had beautiful weather and about 25 walkers, some with their dogs, to walk from the village hall at 10 am on New Year's Day.

A pleasant pace, time to catch up on news and delightful home baked refreshments and drinks provided at her home by Heather Phillips.

It was a splendid way to start the New Year off in style.

Thanks to the walk leader Heather Hammond and all our companions along the way, Norman & I enjoyed your company. *Judy Miller*

### **The Wenhaston Archive**

It might be of interest for many people in the village to know that there is a village archive. The website address is Wenhaston [Archive.org.uk](http://Archive.org.uk)

***Why not have a look?***

*Suzanne Watkins*

## Notes from the Warbler editors

Hurrah! Following our appeal for proof readers we now welcome Ian Bigwood and Nigel Morris to the Warbler team. We also have a some reserves, so thanks to all for your interest. We have also had some interesting copy and notices of some fun events this month and next. Keep them coming! As February is a shorter month the deadline for the March edition copy is earlier. Sorry! Copy as usual to [wenhastonwarbler@gmail.com](mailto:wenhastonwarbler@gmail.com).

## Deadline for March articles is the 12th February

### Talent Show – Change of date

The Talent Show at the Village hall will now be held on **Saturday 23rd March at 7pm (and not the 16th)**. The change of date is due to some star performers being away on the 16th! This show is an opportunity for our regular local affiliated groups to put forward someone, not necessarily from their group, to entertain people for approximately 15 minutes. The hall will run a pay bar and hold a raffle. The surplus proceeds from the evening will then be split equally amongst the participating groups to help them fund the increased hall hire rates. If you would like to perform but are not part of a group, please contact us.

***Please leave a message with Jane at the Post Office or contact Sally on 478847 or sally.amery@gmail.com to book your slot for the evening!***

### New Art in the Village Hall

Your chance to paint a big picture!! We are offering 2 large (1m x 1.5m) blank canvases for anyone to paint: they will be hung in the main hall for 2 – 3 months before being painted over for the next artist, a kind of artistic recycling... The subject? Anything you choose. Help with paints available. If interested, ***contact Wil Harvey or Andy Norris, or leave a note at the Village Hall***

## **Village Hall News**

### **Stage curtains and other fire safety upgrades**

Mike Gower, our District Councillor awarded the village hall a grant of £1,250 for fire safety upgrades. As a result we have been able to treat the stage curtains with fire-retardant in line with our Fire Risk Assessment requirements. We have also been able to put a permanent ramp on a back step outside emergency exit doors. This will enable access for less able bodied people and also provide a ramp for the emergency generator during prolonged power cuts. David Cox has also repaired the fire wall and door- in the hall by the side of the stage- which was badly cracked with the door frame loose. **Thank you Mike for making this all possible!**

### **Village Hall AGM**

The hall AGM will be held in the hall on **Wednesday 27th February at 7pm**. Refreshments will be served afterwards. This is an opportunity to find out what the hall has been up to over 2018 and plans for the year ahead.

### **Car park re-surfacing**

A Waterfields & Sons Ltd of Diss carried out the work re-surfacing the hall car-park, and have made a superb job. They also carried out a lot of other work at the same time, right round the building, in order to improve the safety of the surrounding area and improve drainage, and make it fit for purpose for decades to come. Everyone at Waterfields was very helpful and great to deal with, nothing was too much trouble and it was a real pleasure to see such a professional outfit do such a good job. The whole workforce involved were very impressive and certainly did the Company proud, so a big thank you to everyone involved and to Craig in the office and Mark and Andy who led the teams on site. They did their best to keep disruption to a minimum and worked hard to keep access to the hall

available, so that the Post Office could remain open and other work could take place at the hall. Thank you to everyone and near neighbours for coping with the inevitable disruption locally.

*Many thanks to our private donor who contributed so generously to the work. Thanks also to all our grant funders – the Parish Council, Suffolk Coastal District Council, County Councillor Richard Smith, and District Councillor Mike Gower. The hall only had to fund less than 15% of the total cost and some of these funds were raised at events held during the year.*

### **Decorating at the hall**

The decorator, Peter Jolly and his assistant Chris, have made a great job of smartening up the main hall and stage. We picked the most popular colour chosen on the colour chart in the café, for below the dado rail. A group of volunteers also decorated the hall kitchen at the same time and also replaced all the stained ceiling tiles in the hall and carried out a lot of other work. The vertical blinds were also restored and LED lights were fitted to the stage, improving the lighting and saving electricity. Peter was very helpful throughout the work, and lent us both his tower for accessing the ceiling and sander for rubbing down, saving the hall money in the process. *Many thanks to Peter for all his help and to all the volunteers who gave up so much time over the Christmas break and immediately after the New Year to complete all the work. Funds raised at the Christmas bazaar have helped pay for this.*

### **Hall floor**

The hall floor is overdue for re-sealing and by the time the Warbler is distributed this will have been done. Roger Hyde Floor Specialists of Hadleigh are doing this work – they also sanded it and re-sealed it in 2013. *Many thanks to The Adnams Community Trust who have grant funded all the costs for this work.*

***Sally Amery***

Wenhaston Village Hall Entertainment Committee

Quiz  
NIGHT

with Quiz Master Phil Corbett

**Saturday 23 February 7:30pm**

**Wenhaston Village Hall**

Doors & Bar Open 7pm (nibbles on tables)

**£4 per person - max 4 per team** (payable on night)

Forms available from Wenhaston Post Office

*Raising funds in aid of Wenhaston Village Hall Reg. Charity no.1001694*

### **Treasurer needed**

The village hall is still looking for a new Treasurer in February for the hall accounts. The accounts are kept in an ACE personal finance software package which is quick and easy to use. This was installed earlier this year and has proved to be very efficient and provides all the information we need very easily. The present Treasurer, Margaret Hill has done an excellent job and we will be very sad to lose her. However, her husband Mike is retiring next year and they will be travelling more and she is unable to continue with the role. ***Please contact Sally Amery on 478847 or email to [sally.amery@gmail.com](mailto:sally.amery@gmail.com) if you are able to help.***

### **Wenhaston United Football Club**

Following on from the Oct 2018 issue we are still here. After much great speculation early on in the season we are still fielding 2 sides on a Saturday afternoon. Although the results on field aren't what we had hoped the boys still keep trying. As a club we are working tirelessly behind the scenes, whilst our management are working week in week out to fulfil the fixtures, the committee have been very busy.

At the end of last season, we pushed over the 'ball stop-system' behind the far goal end (before it fell over) and replaced the net at our own cost. Many thanks must go to the supply of the additional poles we needed plus Stevie Canham and Ian Rogers for their hard work on this project.

This project was followed by the re-vamping of the shower cubicles in the home and away changing rooms. Talked about over the last couple of seasons Ian Rogers finally managed to acquire a substantial donation from the Parish Council. With the already secured donation from Suffolk County Council, and thanks to Councillor Smith for his support for our Football Club, we managed to proceed with the works. Again, many thanks to Stevie Canham, who tirelessly gave up his time prepping the rooms with help from a few others so they were ready for Elite Interiors to carry out the up-grade. They look good and will serve the Pavilion for many years to come. We mustn't forget to mention that the club paid for

a high % of this themselves, with an earlier donation from Norfolk Homes Ltd, who are based in Sheringham, starting the funding pot 2 years ago. To top that Waveney Windows have just replaced the last 4 remaining windows in the Pavilion. This was needed to add that final bit of refurbishment to the facility. This will keep the Pavilion in good stead for many a year to come. Many thanks must go to Roger Stammers for his continued support for the Football Club.

The Christmas Draw was a great success making a profit of £450. The draw was held at The Triple Plea, following a late decision to move the venue, and thanks must go to them for hosting the draw.

***Doug Canham Chairman WUFC***

### **Future Fixtures at the Playing Field, Wenhaston**

Sat 19<sup>th</sup> Jan – Wenhaston Utd v Leiston St.Margarets 2.00pm ko

Sat 26<sup>th</sup> Jan – Wenhaston Utd v Trimley Red Devils 2.00pm ko

Sat 2<sup>nd</sup> Feb – Wenhaston Utd – Claydon 2.30pm ko

Sat 23<sup>rd</sup> Feb – Wenhaston Utd Res v Henley Athletic Res 2.30pm ko

### **Village Show**

The Village Show is still well on track and schedules will soon be available, with a beautiful picture of a sun flower on the cover to brighten the grey days. Below is the recipe for the suggested cake, should anyone wish to do a practice run before the event.

#### **Pistachio, Courgette and Lemon Cake**

175g shelled Pistachios

250g golden caster sugar

200g butter at room temperature

Plus extra for the tin

280g plain flour

1 ¼ tsp each baking powder and bicarbonate of soda

3 large eggs

140g Greek-style, full fat yogurt (buy a big pot and keep the rest to serve alongside.)

3 lemons, zested and juiced

140g coarsely grated courgette

2tbsp lemon curd (optional)

Put 150g shelled pistachios and the sugar in a food processor and whizz until the nuts are finely ground.

Heat oven to 180c/160c fan/gas4

Butter a 20x30cm cake tin and line the base with baking parchment. Tip the pistachio and the sugar into a big mixing bowl with the butter, flour, baking powder and the bicarb, eggs, yogurt and the zest and juice from 2 of the lemons. Beat with an electric whisk until smooth and combined.

Stir in the courgette until everything is well mixed, then scrap into the prepared tin. Bake for 35-40 minutes until the cake is risen and golden and a skewer poked into the centre comes out clean. Leave to cool.

When the cake has fully cooled, remove from the tin and peel off the baking parchment. Sift the icing sugar into a bowl, and then gradually stir in enough lemon juice to get a runny-ish consistency. If you run out of juice, carry on mixing with a little water.

Drizzle thickly over the cake, repeat with lemon curd, if you like. Roughly chop the remaining pistachios and scatter over the icing along with the remaining lemon zest.

***Good Luck!***

***Felicity Jelliff***

## **Wenhaston Mothers Union**

Our first meeting of the New Year will be our Corporate Communion on Wednesday 16th. January and we are very grateful that the Revd. Jane Held will be taking this Service for us. It will be followed by our AGM, tea and biscuits and lots of chat!

We look forward to a new year at Wenhaston M U with hopefully an interesting and varied Programme. At our February Meeting we shall welcome a local Lady whom I am sure will be very interesting. The Programme for 2019 will be available at this meeting.

New Members are always very welcome at any of our Meetings, or if you would like to come to any particular meeting for a "taster" we should be very pleased to see you.

Our meetings are on the second Wednesday of every month in the Church Room in Wenhaston and our normal meeting time is 2.30.pm. We always finish with a cup of tea and biscuits!

Our Group has always been closely associated with the Children's Society Annual Coffee Morning and Box Opening in the Village. This year this is going to be held on Thursday 21st. February in the Church Room at 10 o'clock. Do think about coming to have a cup of coffee and to support this very worthy Charity. There will be a Bring and Buy Stall and a Raffle.

*Finally a Thank You to Margaret Bloomfield for writing the monthly M U Report so efficiently for many years*

***Margaret Goldstone Branch Leader***

### **Wenhaston WI January 2019**

Our December and January meetings were given over to jollifications. December saw us gathered, with guests, to enjoy a hot dish followed by splendiferous puddings. Boy George joined us briefly to update us with goings on in his world. The January meeting was not at our usual venue but in the Church room so it was all very cosy. There was lots of chat, tea and cakes. We caught up with various activities of the past and those to be held in the future. **Next month the meeting is at 8.00pm as some members are venturing forth in the afternoon to see 'Calendar Girls' which is being performed in Norwich. The title of our meeting is: 'Show and Tell: My Hobby.'**

***Felicity Jelliff***

### **Some winter nature notes from Brian Withnall**

During the dark days of December and January it is easy to think that the natural world is doing little. In fact, there is a lot of activity. Trees are in bud (the buds on beech trees are particularly beautiful), catkins are everywhere and elderberry shrubs are in leaf. On the heath and in Vicarage Grove honeysuckle has been in leaf for the past month; last summer it fared very badly in the heat and most of the flowers withered. Buttercups are growing in Grove Piece and at the entrance to Vicarage Grove a lone violet was growing at Christmas - was this a late developer, an early developer or a chance survivor from last summer? At the time of writing snowdrops were appearing. At the bottom of the heath next to the great sycamore tree there were three clumps of snowdrops. It is a sign of spring but snowdrops can survive heavy snow and intense cold.

Sycamores were introduced into England sometime in the Middle Ages. 'Sycamore' is a misnomer - it was thought to be the 'Sycomorus' or 'Fig - mulberry' as mentioned in the Bible. For many years it was believed that the Sweet Chestnut was introduced into Britain by the Romans but a long-term study at the University of Gloucester has shown that there is no pollen or documentary evidence for this. The earliest written record dates from the 12th Century. The Horse Chestnut (the great conker trees of our childhood - 'conker' being derived from 'conquer') was first imported into Britain in 1616 from the Balkans. Sunset is now considerably later than in December, and there is much to be cheerful about (?). Alexanders are thriving - the Romans may have cultivated them as a vegetable. The shoots of Goose Grass (aka 'Sticky Willy' - at least in Lincolnshire!) are everywhere. As children we loved sticking them on peoples' backs. Our Cypriot rescue dog eats the shoots by the ton. On New Year's Day in the evening I came across a lizard on a path. He/she looked at me and slowly slithered off. Slow worms are quite common on the Heath but in forty years of looking I have only seen an adder twice - once near Eastbridge about forty years ago and once in Lincolnshire about five years ago.

**Brian Withnall      Mylor**

### **Community Matters – Supporting young people in the Blyth Valley**

On Friday 15th February in Wenhaston Village Hall a film night from 6pm has been organised for young people of 10 and over. This is an opportunity to both provide a fun evening but also to explore how to cater for the needs of this age group in the Blyth Valley through future events. The event is being organised with the help of Louise Thomas, Communities Support Officer with the Communities Team at Suffolk Coastal and Waveney District Councils, and willing volunteers from Wenhaston and the Blyth Valley Team Ministry. ***If you would like to know more or are interested in supporting this or future events, please contact Louise on [louise.thomas@eastsoffolk.gov.uk](mailto:louise.thomas@eastsoffolk.gov.uk) or Alison Alder on [alisonalder@hotmail.co.uk](mailto:alisonalder@hotmail.co.uk)***



# MOVIE NIGHT



**FREE FILM AND SNACKS**

**FRIDAY 15TH FEB 2019**

**6-9PM**

**WENHASTON VILLAGE HALL**



**Any queries contact  
louise.thomas@eastsoffolk.gov.uk**



## Helping birds to survive winter – what and where to feed

This period of winter is the most challenging for our garden birds. Having survived the cold so far, their continued existence becomes more difficult as food supplies in the wild begin to run out. Now, more than ever, it is time for us to give them a helping hand.

Feeding birds effectively, however, can be more complicated than at first sight. Not only are different species adapted to certain types of food, by the shape and size of their beaks for example, but they also have different preferences on where they feed.

What to feed - Goldfinches, Siskin and Redpoll prefer smaller seeds like nyjer; Finches and Tits like sunflower hearts; Sparrows, Woodpigeons and Collared Doves will eat large grains such as wheat which are in most proprietary seed mixes; Woodpeckers, Tits and Starlings prefer fat balls and peanuts; Robins and Thrushes will eat mealworms (live or dried).

Where to feed – not all garden birds are attracted to bird tables and hanging feeders, so sprinkle crumbled fat balls or suet pellets and some seed beneath shrubs for such secretive and ground feeding bird as Dunnocks and Wrens. Smearing fat mixtures into the cracks and crevices of branches may attract Woodpeckers.

Four other tips to make our birds lives easier at this difficult time of year

1. Clear feeders and feeding areas of snow after fresh falls as smaller birds can struggle to get through it
2. If you can, move bird tables and feeders around the garden every now and then. Not only does this reduce the build up of mess, but it can also help prevent predators like cats and sparrowhawks from becoming too familiar with the likely location of unwary prey.
3. Provide clean, fresh water alongside food. Seed eating specialists such as finches need to drink regularly to counterbalance their dry diet. Where possible keep bird baths and ponds ice free.
4. Keep your feeders topped up as birds rely for their survival on there being a continuous supply of food.

***Roland Hammond***

## **Footpath Walking**

Again only one walk in February. Meet at 10am at Wenhaston Village Hall on Tuesday 5th February for a local walk with coffee afterwards at Golden Acres Blackheath.

*Heather Phillips*

## **Commons Conservation**

On Tuesday 12th February, Jonathan Alder and Suffolk Wildlife Trust will lead a work party on Blackheath. Meet at 10am opposite warehouse site.

On Tuesday 19th February Suffolk Wildlife Trust will lead a work party in Merton Wood. Meet at 10am by store in the wood.

On Sunday 24th February Barry Norrington will lead a work party in Vicarage Grove. Meet at field entrance off Bramfield Road. **HPP**

## **Wenhaston Flower Club**

Our February meeting will be our Christmas meal at the Angel/Cleones, Halesworth on Tuesday 5th February, 6.30 pm for 7pm in the Stables.

I will collect the cost of your meal on the night to assist the staff at the Angel. Please buy any drinks separately from the bar. Thank you. **For information about the meal contact Dawn 01986 873640. For information about flower club contact Jean Spindler 01502 478**

## **News from St Peter's Church**

Well Christmas has long passed, but I can't let it go by without mentioning our lovely Carol Service on the Friday before Christmas. The church was full, Jane ably led the service, we made Christingles and held them up with the lights out – quite a spectacle, and all sang with gusto, and afterwards enjoyed mulled wine and mince pies. A fitting start to the celebrations!

Sadly the numbers were quite small at Midnight Mass, but those of us who were there were grateful to Vic for leading us in a moving service.

Another happy occasion in December was the baptism of another Burnham baby, this time Angela's granddaughter, Sirena Sloane Burnham. Best wishes to all the family.

In Wenhaston, we donate 5% of our unrestricted income to charity and I am delighted to say that we were able to give £400 each to Centrepont

and UNICEF (earmarked for the children of Yemen), £187 to the Ipswich Night Shelter, and the proceeds of our Carol Service (£263.25) was donated to the East Anglian Air Ambulance.

Now to the future – we are thinking about fundraising to help pay our Parish Share and the first event will be the **Soup and Pancakes on Shrove Tuesday (5th March) in the Church Room between 11.30am and 2pm.** We do hope a nice lot of people will attend. ***Margaret Bloomfield***

### **Sidespeople in February**

3rd	10am	Team Eucharist and Jan's Farewell Service St Peter's Holton. No service at St Peter's
10th	9.30am	Morning Prayer Clive Watson
17th	9.30am	Parish Eucharist Valerie Ellis
24th	11.15am	Pause for Thought

### **Church cleaning**

10th	Anne and Colin Wright
24th	Dorothy Franklin and Suzanne Watkins

## **CANCER RESEARCH JUMBLE SALE**

**SATURDAY 16th FEBRUARY 10am-12pm**

**Please note our new venue: HOLTON VILLAGE HALL**

**Ample parking**

**Light refreshments**

## Dates for Wenhaston Methodist Church for February

<p>Tuesday Meetings at 2.30 pm</p> <p>5 Women's Fellowship Mary Read</p> <p>12 Bible Study</p> <p>19 Women's Fellowship Dorothy Courtis</p> <p>26 Bible Study</p>	<p>ALL SUNDAY SERVICES at 10.30 am</p> <p>3 Rev Ian McKillop</p> <p>10 Rev Don Moxon</p> <p>17 Rev Don Nichols</p> <p>24 Rev Louise Morrissey H C</p>
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Saturday 2nd 9.00 - 11.30 am "Pray Awhile" on a come & go basis for prayer & meditation.

**ALL WELCOME AT ANY EVENT**



# WENHASTON

Produce & Craft Market

Saturday

23rd FEBRUARY

10am – 12.30pm

In the Village Hall IP19 9EP

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New stall-holders always welcome.

Pitch fee £6

To book your table (provided) contact:

**Carol Hudson-Jary**

Tel: 01502 478732

E-mail: [caz-mike@outlook.com](mailto:caz-mike@outlook.com)

*Raising funds for Village Hall maintenance*

### Wenhaston Warbler Information

The Warbler welcomes articles (please keep as brief as possible, max 150 words).

The editors reserve the right to amend or not to publish articles which are unsuitable for whatever reason.

Advertising: £15 p.m. for 1/4 column (£150 p.a.), small ads £5 p.m. for 4 column lines (£50 p.a.).

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*Royal British Legion Poppy Appeal*

*The amount raised for this important event was £524.72. This is simply from the collection boxes and sale of poppies in the village. Our sincere thanks go to all the Box Holders and special thanks to everyone who so generously contributed.*

*Thank you for your support. John Levy RBL*